## first aid kits contents register

* A manual giving general guidance on first aid
* Individually wrapped moist wipes or saline solution
* 20 individually wrapped sterile adhesive dressings (assorted sizes), appropriate to the type of work
* Two sterile eye pads
* Sterile Eye Wash
* Two individually wrapped triangular bandages (sterile)
* Six safety pins
* Two stretch bandages
* Six medium sized, individually wrapped unmedicated wound dressings – approximately 12cm x 12 cm
* Two large sterile individually wrapped unmedicated wound dressings – approximately 18cm x 18cm
* Two pairs of disposable gloves
* One resuscitation mask.

Names and contact details for your trained first aiders should be kept with each kit, along with emergency contact numbers.